



Training delivered by Psychiatry-trained experts

Mental Health Disorders in Housing & Supported Living

MHT-12. Mental Disorder in Social / Sheltered Housing & Supported Living Settings. A unique training workshop with a range of modules and blended learning. Delivered by psychiatry trained experts.

This is not just another 'mental health awareness' workshop. It's dedicated to organisations providing social and general needs housing that often support tenants with a range of mental health needs. It is highly researched, evidence-based training unlike anything else available in the UK.

We are one of the UKs leading expert providers of mental health support and abnormal psychology training and consultancy.

We've led from the front for over 20 years and have supported many hundreds of social housing, supported living, residential care and sheltered housing providers in the public and private sector.

We understand your world and the challenges that you face. Our training and consultancy addresses many of the challenges that your organisation and teams encounter on a daily basis.

All training is delivered by highly qualified experts in the field of psychiatry and psychology.



We support a wide range of clients including residential care, social housing, sheltered and supported living, NHS trusts, CMHT, local government, social work and social care, the police and emergency services, national charities and private hospitals. We know the challenges that these sectors independently face and how to integrate advice and training solutions that fit the needs of all.

Telephone 01332 362222
info@mentalhealthtraining.co.uk



ADVANCED TRAINING:

MHT12 - Mental Disorder in Social / Sheltered Housing & Supported Living

This training offers bespoke content blended from the 10 workshops detailed below. Our psychiatry-trained experts will help you configure the training to meet your defined learning objectives

- **MHT01 - Mental Health Awareness Training**
- **MHT02 - Personality Disorder Training**
- **MHT03 - Self Harm & Suicide Training**
- **MHT19 - Lone Working & Personal Safety Training**
- **MHT11 - Managing Conflict & Hostile Behaviours Training (Including Lone Working Safety)**
- **MHT17 - Hoarding & Self Neglect Training**
- **MHT08 - Dual Diagnosis & Substance Misuse**
- **MHT06 - Dementia & Neurocognitive Disorders**
- **MHT15 - Motivational Interviewing Training**
- **MHT20 - Understanding Capacity, The Mental Health Act & Best Interests Assessments**
- **ALSO -**
- **MHT16 - Mental Health In The Workplace. A Workshop For Managers**

10 Key learning objectives:

1) Recognise mental disorder in tenancies and fine-tune support, advocacy and safeguarding. This includes stress-related conditions, mood disorders, anxiety-related disorders, severe and enduring mental disorder including acute and chronic psychosis, challenges associated with personality disorder, understanding and recognising dementia and delirium, recognising mental disorder in antisocial behaviours, and factors associated with substance misuse. The training also focuses on behaviours that are not commonly associated with enduring or complex mental disorder.

2) Understand the specific challenges and safeguarding factors interwoven into personality disorder psychiatry. Improve communications, relationships, safeguarding, boundaries, advocacy and general guidance.

3) Understand the complex issues surrounding self-harm and suicide and develop appropriate assessments, safeguarding, conversational responses and safety planning strategies.

4) Understand the responsibilities and limitations of the local NHS / CMHT, Crisis Teams, The Police & Adult Social Care. Capacity arguments, the functions of the Mental Health Act and now how improve CMHT / statutory services engagements.

5) Understand how to support and signpost vulnerable tenants into the healthcare system more effectively, including those vulnerable to drug use and dual diagnosis presentations.

6) Understand best practice in motivating tenants to engage with your support and expectations and how to minimise poor engagement and unhealthy behaviours.

7) Understand risks associated with forensic mental health profiles. Improve and implement risk assessments, improve lone working safety and the safe management of hostile conflict.

8) Better understand and manage behaviours associated with hoarding and self neglect. Know how and when to escalate concerns to social services, safeguard vulnerable tenants, challenge capacity arguments and appropriately clean properties.

9) Understand and implement reasonable adjustments as required by the Equality Act 2010. Understand and recognise primary and secondary gain behaviours and know when and where to challenge non-compliance.

10) Improve risk assessments and risk management protocols for lone working staff and improve staff safety through an increased knowledge of forensic mental health risk.

Training facilitators:

This training is delivered by facilitators trained in psychiatry and specialise in general psychiatric illness and abnormal psychology, personality disorder and forensic mental health risk.

We offer a wide-ranging, multi-disciplinary knowledge and skills with high quality, integrated evidence-based training that you can trust.

Telephone 01332 362222
info@mentalhealthtraining.co.uk



**Mental Health
Training.co.uk**



A very small selection of recent delegate evaluations.

'Very, very useful. One of the best courses I have been on. Will certainly use what I have learnt. Highly recommended for anyone at all that works with tenants and the public. Almost essential in my opinion'
Guinness Housing

'Similar, I assume, to being machine-gunned. Most enjoyable and informative course I have ever attended!'
Pembrokeshire County Council Social Care Workforce

'This trainer is amazing! Level of knowledge & the medium in which it was communicated as excellent. Great to receive training at an appropriate level. Brilliant!
Conwy County Council

This comment does not come from politeness. I'm a business trainer and have been on hundreds of courses, or many types. This is by far the best delivered, best informed, most useful and relevant course I have ever been on'
Broadlands District Council

'Best course I've been on. Great delivery, Very comprehensive information which was targeted perfectly to the audience at a level which was understandable and absolutely relevant to our roles as support / key workers. Brilliant day and cannot think of an ways in which it could have been improved'
Riverside

'Best Course I've done for years! Bloody Brilliant!'
AMHP Social Worker – Haringey Council

'The course was extremely stimulating and probably the best that I have been on with Longhurst Housing'
Longhurst Housing

'I haven't gained so much from a day's training for a long while. It's a subject in which I have a great interest . I gained much in terms of revision also new information. I haven't enjoyed learning so much for a while - excellent trainer'
AMHP Social Worker – Haringey Council

'Great course! Wealth of information relevant to my role. Interesting combination of research, evidence-based practice of psychological interventions. Training of a much better academic level than lots of training within service at times. Really enjoyed the day
AMHP Social Worker – Haringey Council

"Hands-down the best training that I have ever had at Redbridge"
London Borough of Redbridge Council

'Very interesting course, learned a lot of valuable tools for use with individuals. Excellent delivery!'
Pembrokeshire County Council Social Care Workforce

'Excellent training, thank you! Interesting and thought provoking. All really relevant'
West Yorkshire Partnership NHS Foundation Trust

'Five star! Incredibly interesting, informative, clear and concise. Well done!'
London Borough of Bexley Council

'Best training I have been on at Riverside - very clear and knowledgeable. We should do more courses like this - much better than the usual mediocre training we are subjected to. No ridiculous games designed to waste time or trainer that have little knowledge of the subject. This course was excellent'.
Riverside ECHG

'Excellent course – trainer's knowledge was exceptional - really enjoyed the course and took away some valuable information/tips to assist me with Lone Working'
Spectrum Housing

'Fantastic tutor, would hope that I would be on a course with Simon again. Best one I have been on. Great material and information. More courses like this, hands down the best course I have been on. The information and knowledge is fantastic'.
Accent Foundation Housing

'An excellent course and trainer. Really interesting and very useful information. So very much better than the previous trainer, etc for lone working. Many thanks'
Spectrum Housing

'Superb. The trainer knows his stuff, very informative and well linked to health and safety. Recommend to all staff who work alone'.
Barnet Council (H&S manager)

'Simon is a great tutor and has great knowledge. It's lovely to be able to enjoy a course from start to finish. From the science to the backgrounds of people, to the videos and situations, couldn't fault a thing'.
Walsall Housing

'I was impressed by the trainer's vast knowledge around the subject. It was invaluable the psychology behind risk and behaviours and as delivered in a way we all levels and background knowledge could understand. Thank you so much for a brilliant course'.
Waltham Forest Council

'Most beneficial training I have ever had - relevant, interesting, inspiring - wish there could be more training like this'.
Northampton Probation Services

'Awesome Session. Trainer was excellent!'
Delos Community

'Simon is the best teacher & facilitator of any workshop I have ever been on'.
Riverside ECHG

'Excellent course, training style was brilliant. Thought Wish I could do more training like this. Best training I have ever done'
Guinness Housing

'Though provoking and explained content in a way that made sense. Really enjoyable day'
AMHP Social Worker – Havering Council

'Thank you. A most stimulating and thorough experience for learning and consolidation. Very enjoyable course!'
West Yorkshire Partnership NHS Foundation Trust

'Really good course, informative, relevant to work, really well presented, knowledge of trainer was excellent.
AMHP Social Worker – Havering Council

'This training is possibility the best I have ever been on. I found it all relevant to my role and I now feel more confident in spotting behaviour that could turn nasty and how to take measures to prevent it or to deal with it if the worst came to the worst! Very valuable information to have in my job!. The trainer was extremely knowledgeable and excellent in his training methods'.
Ascis Housing

'Great use of media footage, good straight forward explanation of personality disorder and mental health and the differences therein. Great Trainer!'
Nottingham Community Housing

'One of the best courses I have ever attended. Very informative and useful for all public facing workers'
Thanet District Council

'Great course, would do it again, very, very good course'
Serco

'The case studies were most useful as I was able to link the learnt theory to a situation'
Thames Valley Police

'Brilliant! Recommend it to anyone!'
St Mungos

'Course was fantastic! Trainer as fantastic!'
Barnet Council

'It was excellent. A training course that I got a lot from and one that I will remember for a long time!'
Erewash Council

'Excellent. Best course I've been on!'
Barnet Council

Telephone 01332 362222
info@mentalhealthtraining.co.uk