



**Mental Health  
Training.co.uk**

Training delivered by Psychiatry-trained experts

# Mental Capacity Act & Best Interests Training

## MHT-20. Human Rights, the principles of capacity and the process of best interests assessments. Supporting your care team and organisation towards best practice

This training provides an overview of mental capacity law with a specific focus on The Human Rights Act 1998, The Mental Capacity Act 2005 and the Mental Health Act 1983. It will enable safeguarding of vulnerable people, capacity and best interests assessments /decisions. And it ensures that staff and organisations maintain their legal obligations and satisfy CQC directives.

The training has modules that range from basic awareness sessions to advanced training for experienced professionals and organisations that have specialist learning needs. It's constantly updated to reflect new case law and advancements in the role of the Court of Protection and higher courts.

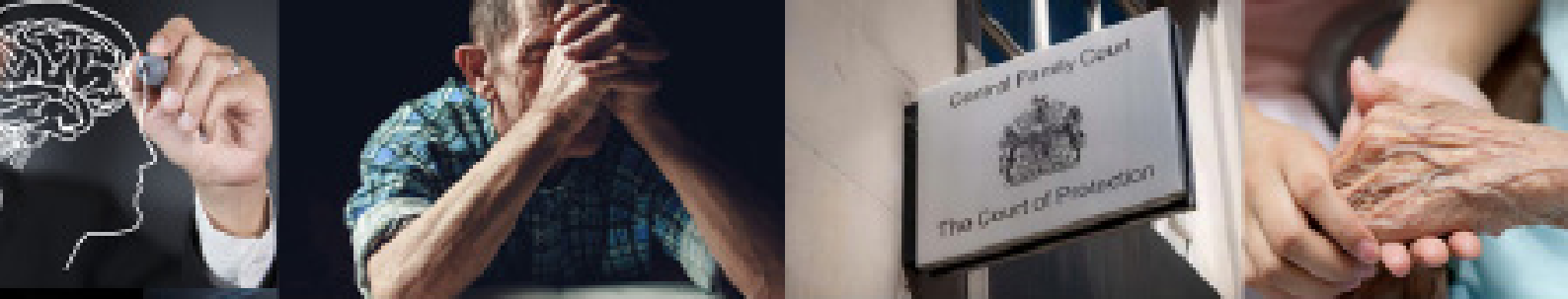
We support a wide range of clients in the public and private sectors including NHS trusts, CMHT, GPs, all areas of local government, social services, national charities, residential care, and a wide range of housing providers. All training is delivered by highly qualified experts. It's information and advice you can trust.



We've led from the front for over 20 years and have supported many hundreds of organisations in the public and private sector. We understand your world and the challenges that you face!

**This training is delivered by highly qualified experts in the field of psychiatry. It's 5-star training that can be tailored to your workplace and learning objectives.**

**Telephone 01332 362222**



## ADVANCED TRAINING:

### MHT20 - Understanding Capacity, The Mental Health Act & Best Interests Assessments

Other workshops available:

- **MHT01 - Mental Health Awareness Training**
- **MHT02 - Personality Disorder Training**
- **MHT03 - Self Harm & Suicide Training**
- **MHT19 - Lone Working & Personal Safety Training**
- **MHT17 - Hoarding & Self Neglect Training**
- **MHT08 - Dual Diagnosis & Substance Misuse**
- **MHT06 - Dementia & Neurocognitive Disorders**
- **MHT15 - Motivational Interviewing Training**
- **MHT11 - Managing Conflict & Threatening Situations Training**
- **MHT21 - Managing Challenging Behaviours In Children (PACE / PBS Models)**
- **MHT16 - Mental Health In The Workplace. A Workshop For Managers**

**The UK's leading providers of mental health training & consultancy. An authority you can trust.**

This training is a one-day event and can be delivered onsite / face-to-face or by webinar. Extended training is available.

The Mental Capacity Act 2005 (MCA) is a statutory framework that supports people who lack capacity to make decisions for themselves. Where a person lacks capacity, the MCA lays out who can make decisions in the person's best interests, and how such decisions must be made.

This workshop helps organisations, care providers and support staff to better understand and manage their responsibilities and duties under the Mental Capacity Act 2005 (MCA).

This course covers what is meant by mental capacity, who the MCA applies to, who can carry out a mental capacity assessment and how to assess and support an incapacitated person in their best interests.

This training supports social care providers to promote human rights, to comply and work within legal frameworks and satisfy Care Quality Commission expectations.

#### **Key learning objectives covered within this training:**

- Mental Capacity Act as Part of Human Rights
- The Mental Capacity Act 2005 (MCA)
- Assessing Mental Capacity
- Best interest assessments and decisions
- Deprivation of Liberty & Liberty Safeguards frameworks
- Mental Capacity Act and Young People aged 16 or 17
- Mental Capacity Act and Adult Safeguarding
- The Court of Protection
- The Human Rights Act 1998
- The Mental Health Act 1983
- Relationship between the Mental Capacity Act and the Mental Health Act

#### **This training delivers the following key outcomes:**

- An ability to define and discuss what the term 'mental capacity' means
- An ability to define, discuss and evaluate the five core principles of the MCA
- An ability to define to explain how mental capacity is assessed
- Avoiding liability and working within the MCA framework
- An ability to define and discuss the role of the Court of Protection and how to support people that need to use its services
- An ability to define and discuss safeguards including risk assessments
- An ability to define and discuss the assessment and authorisation process under Deprivation of Liberty
- An ability to define, understand and apply the principles of best interests assessments and decisions
- An ability to define issues associated with supporting an incapacitated individual in his or her best interests

#### **Training facilitators:**

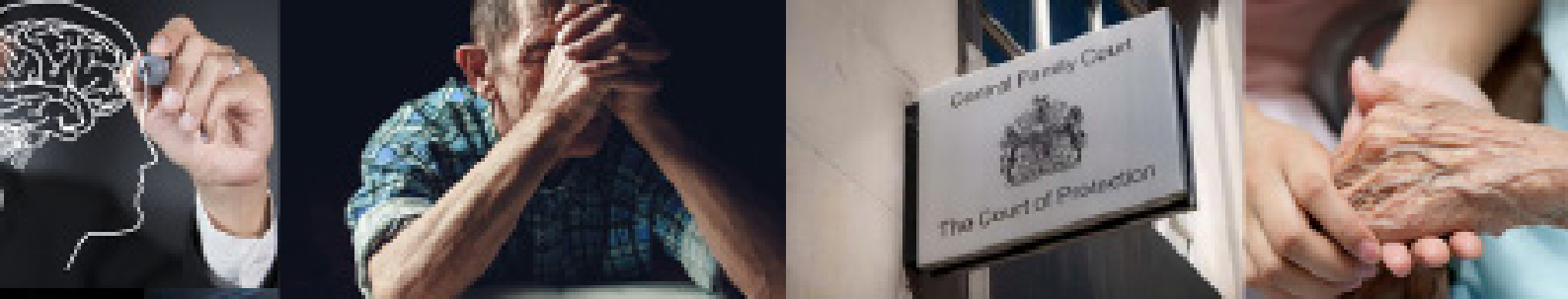
This training is delivered by facilitators trained in psychiatry. We specialise in all areas of psychiatry, abnormal psychology, personality disorder and forensic mental health risk.

We offer wide-ranging, multi-disciplinary knowledge and skills. High quality, integrated evidence-based training that you can trust.

**Telephone 01332 362222**  
**info@mentalhealthtraining.co.uk**



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**A very small selection of recent delegate evaluations.**

'This trainer is amazing! Level of knowledge & the medium in which it was communicated as excellent. Great to receive training at an appropriate level. Brilliant!  
**Conwy County Council**

This comment does not come from politeness. I'm a business trainer and have been on hundreds of courses, or many types. This is by far the best delivered, best informed, most useful and relevant course I have ever been on'

**Broadlands District Council**

'Best course I've been on. Great delivery, Very comprehensive information which was targeted perfectly to the audience at a level which was understandable and absolutely relevant to our roles as support / key workers. Brilliant day and cannot think of an ways in which it could have been improved'  
**Riverside**

'Best Course I've done for years! Bloody Brilliant!'  
**AMHP Social Worker – Haringey Council**

'The course was extremely stimulating and probably the best that I have been on with Longhurst Housing'  
**Longhurst Housing**

'I haven't gained so much from a day's training for a long while. It's a subject in which I have a great interest . I gained much in terms of revision also new information. I haven't enjoyed learning so much for a while - excellent trainer'  
**AMHP Social Worker – Haringey Council**

'Great course! Wealth of information relevant to my role. Interesting combination of research, evidence- based practice of psychological interventions. Training of a much better academic level than lots of training within service at times. Really enjoyed the day  
**AMHP Social Worker – Haringey Council**

"Hands-down the best training that I have ever had at Redbridge"  
**London Borough of Redbridge Council**

'Very interesting course, learned a lot of valuable tools for use with individuals. Excellent delivery!'  
**Pembrokeshire County Council Social Care Workforce**

'Excellent training, thank you! Interesting and thought provoking. All really relevant'  
**West Yorkshire Partnership NHS Foundation Trust**

'Five star! Incredibly interesting, informative, clear and concise. Well done!'

**London Borough of Bexley Council**

'Best training I have been on at Riverside - very clear and knowledgeable. We should do more courses like this - much better than the usual mediocre training we are subjected to. No ridiculous games designed to waste time or trainer that have little knowledge of the subject. This course was excellent'.

**Riverside ECHG**

'Excellent course – trainer's knowledge was exceptional - really enjoyed the course and took away some valuable information/tips to assist me with Lone Working'

**Spectrum Housing**

'Fantastic tutor, would hope that I would be on a course with Simon again. Best one I have been on. Great material and information. More courses like this, hands down the best course I have been on. The information and knowledge is fantastic'.

**Accent Foundation Housing**

'An excellent course and trainer. Really interesting and very useful information. So very much better than the previous trainer, etc for lone working. Many thanks'

**Spectrum Housing**

'Superb. The trainer knows his stuff, very informative and well linked to health and safety. Recommend to all staff who work alone'.

**Barnet Council (H&S manager)**

'Simon is a great tutor and has great knowledge. It's lovely to be able to enjoy a course from start to finish. From the science to the backgrounds of people, to the videos and situations, couldn't fault a thing'.

**Walsall Housing**

'I was impressed by the trainer's vast knowledge around the subject. It was invaluable the psychology behind risk and behaviours and as delivered in a way we all levels and background knowledge could understand. Thank you so much for a brilliant course'.

**Waltham Forest Council**

'Most beneficial training I have ever had - relevant, interesting, inspiring - wish there could be more training like this'.

**Northampton Probation Services**

'Awesome Session. Trainer was excellent!'  
**Delos Community**

'Simon is the best teacher & facilitator of any workshop I have ever been on'.  
**Riverside ECHG**

'Wish I could do more training like this. Best training I have ever done'

**Guinness Housing**

'Excellent course, training style was brilliant. Thought provoking and explained content in a way that made sense. Really enjoyable day  
**AMHP Social Worker – Havering Council**

'Great course, would do it again, very, very good course'

**Serco**

'Very Good course, very good facilitator'  
**Barnet Council**

'Brilliant! Recommend it to anyone!'  
**St Mungos**

'Course was fantastic! Trainer as fantastic!'  
**Barnet Council**

'Similar, I assume, to being machine-gunned. Most enjoyable and informative course I have ever attended!'  
**Pembrokeshire County Council Social Care Workforce**

'It was excellent. A training course that I got a lot from and one that I will remember for a long time!'  
**Erewash Council**

'Excellent. Best course I've been on!'  
**Barnet Council**

'Thank you. A most stimulating and thorough experience for learning and consolidation. Very enjoyable course!'  
**West Yorkshire Partnership NHS Foundation Trust**

'Really good course, informative, relevant to work, really well presented, knowledge of trainer was excellent.  
**AMHP Social Worker – Havering Council**

'This training is possibility the best I have ever been on. I found it all relevant to my role and I now feel more confident in spotting behaviour that could turn nasty and how to take measures to prevent it or to deal with it if the worst came to the worst! Very valuable information to have in my job!. The trainer was extremely knowledgeable and excellent in his training methods'.  
**Ascis Housing**