



**Mental Health  
Training.co.uk**

Training delivered by Psychiatry-trained experts

# Hoarding & Self Neglect Training & Consultancy by The UK's Leading Experts.

**MHT-17. Hoarding & self neglect training. The psychology, psychiatry and neuroscience, Designed for local authorities, NHS Trusts, housing providers, charities, emergency services, cleaning companies and community-based support.**

Mental Health Training is one of the UK's leading experts in the complex field of hoarding, self-neglect and abnormal psychology. All training is delivered by highly qualified experts. It's information and advice you can trust.

This evidence-based training offers a clearer understanding of the behavioural vulnerabilities and disorders identified in hoarding and self-neglect cases. It supports organisations and teams to better-understand the associated psychology, pathology and risks. It's high quality training that will influence appropriate interventions, advocacy, general support, risk management and cleansing.

We've led from the front for over 20 years and have supported many hundreds of organisations in the public and private sector. We understand your world and the challenges that you face!

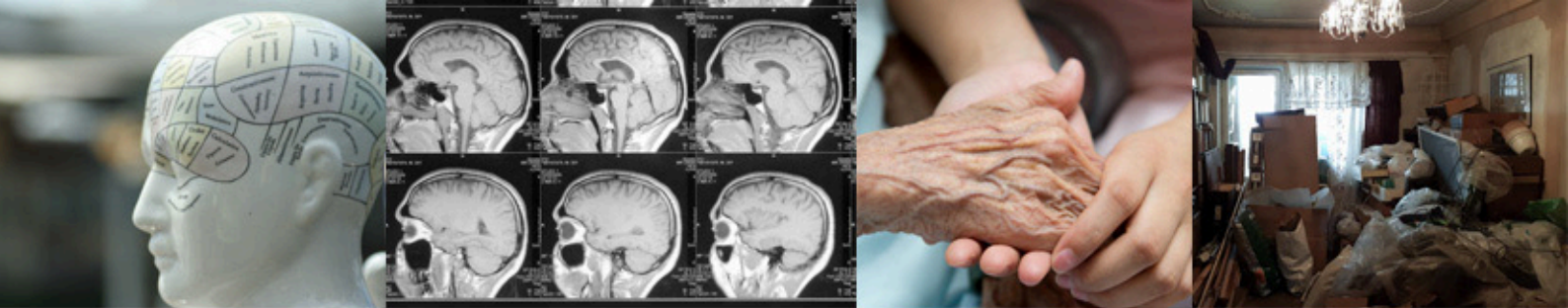
We support a wide range of clients in the public and private / corporate sector including NHS trusts, CMHT, GPs, local government departments including environmental health, social services and social work / social care, the police and emergency services, national charities and independent cleaning companies.



All training is available onsite or via webinar. Please contact us for more information.

**This training is delivered by highly qualified experts in the field of psychiatry. It's 5-star training that can be tailored to your workplace and learning objectives.**

**Telephone 01332 362222**



## ADVANCED TRAINING:

### MHT17 - Hoarding & Self Neglect Training

Other workshops available

- **MHT01 - Mental Health Awareness Training**
- **MHT02 - Personality Disorder Training**
- **MHT03 - Self Harm & Suicide Training**
- **MHT19 - Lone Working & Personal Safety Training**
- **MHT11 - Managing Conflict & Hostile Behaviours Training (Including Lone Working Safety)**
- **MHT08 - Dual Diagnosis & Substance Misuse**
- **MHT06 - Dementia & Neurocognitive Disorders**
- **MHT10 - Childhood & Adolescent Mental Health Training**
- **MHT15 - Motivational Interviewing Training**
- **MHT20 - Understanding Capacity, The Mental Health Act & Best Interests Assessments**
- **MHT16 - Mental Health In The Workplace. Training for HR and Managers**

### Hoarding Behaviours & Self Neglect Training. The psychology, psychiatry, neurology and best-practice interventions.

This is an evidence-based training workshop that addresses the issues and challenges associated with hoarding behaviours and self-neglect science. It equips staff with the knowledge and skills essential to effective support and safeguarding. This includes.

- Understand the psychology associated with hoarding behaviours
- The ability to recognise any psychiatric and neurocognitive symptoms that may be driving the behaviours
- Risk assessments practices and screening tools
- Skills to improve motivation - Motivational Interviewing strategies dedicated to hoarding and self-neglect interventions and support
- Better-understand capacity law and capacity arguments
- The skills to manage de cluttering, cleansing and improving longer term outcomes.

Hoarding is defined by the failure to discard large numbers of possessions regardless of their apparent value. Consequently, living spaces may be precluded from everyday use.

Self neglect, or the failure to appropriately manage a domestic environment is more commonly associated with cognitive disease or poor decision taking. It may co-occur with hoarding behaviours, and presents with a range of different challenges

Hoarding is commonly associated with the following psychiatric syndromes:

- Hoarding Disorder (DSM5)
- Obsessive Compulsive Personality Disorder / Anankastic Personality Disorder (DSM5 / ICD11)
- Obsessive Compulsive Disorder (DSM5 / ICD11)

- Behavioural Variant Frontotemporal Dementia (BvFTD) / Diogenes Syndrome (DSM5 / ICD11)

Self neglect is more commonly associated with cognitive and neurocognitive impairment / BvFTD symptoms. Substance dependency and mental health needs further complicate the picture.

Issues associated with hoarding behaviours and self neglect in general can be a significant challenge to housing providers, social care / social support teams, enforcement and mental health service. These difficulties commonly include:

- The nature of any mental disorder driving the behaviour
- Lack of knowledge within primary care and CMHT services
- Confusion or disagreement over capacity factors
- The resistant nature / psychology of the client / service user (particularly interventions 'backfiring')
- Confusion with different agencies and services (that misunderstand the nature and diagnosis of the client / service user)
- Lack of skills and knowledge (how to effectively motivate the client / service user, manage the process of de-cluttering / cleansing)
- The client / service user's apparent resistance to engage or their potential indifference / apathy or lack of motivation

This evidence-based training is delivered by a psychology / psychiatry qualified facilitator. It delivered in an accessible style that meets delegates' learning / communication needs. We have extensive training experience within this sector and can support delegates with free post-training support on an informal basis.

This training is a one-day event and can be delivered via webinar or onsite / face-to-face.

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### **A very small selection of recent delegate evaluations.**

'Very, very useful. One of the best courses I have been on. Will certainly use what I have learnt. Highly recommended for anyone at all that works with tenants and the public. Almost essential in my opinion'  
**Guinness Housing**

'Similar, I assume, to being machine-gunned. Most enjoyable and informative course I have ever attended!'  
**Pembrokeshire County Council Social Care Workforce**

'This trainer is amazing! Level of knowledge & the medium in which it was communicated as excellent. Great to receive training at an appropriate level. Brilliant!  
**Conwy County Council**

This comment does not come from politeness. I'm a business trainer and have been on hundreds of courses, or many types. This is by far the best delivered, best informed, most useful and relevant course I have ever been on'  
**Broadlands District Council**

'Best course I've been on. Great delivery, Very comprehensive information which was targeted perfectly to the audience at a level which was understandable and absolutely relevant to our roles as support / key workers. Brilliant day and cannot think of an ways in which it could have been improved'  
**Riverside**

'Best Course I've done for years! Bloody Brilliant!'  
**AMHP Social Worker – Haringey Council**

'The course was extremely stimulating and probably the best that I have been on with Longhurst Housing'  
**Longhurst Housing**

'I haven't gained so much from a day's training for a long while. It's a subject in which I have a great interest . I gained much in terms of revision also new information. I haven't enjoyed learning so much for a while - excellent trainer'  
**AMHP Social Worker – Haringey Council**

'Great course! Wealth of information relevant to my role. Interesting combination of research, evidence-based practice of psychological interventions. Training of a much better academic level than lots of training within service at times. Really enjoyed the day  
**AMHP Social Worker – Haringey Council**

"Hands-down the best training that I have ever had at Redbridge"  
**London Borough of Redbridge Council**

'Very interesting course, learned a lot of valuable tools for use with individuals. Excellent delivery!'  
**Pembrokeshire County Council Social Care Workforce**

'Excellent training, thank you! Interesting and thought provoking. All really relevant'  
**West Yorkshire Partnership NHS Foundation Trust**

'Five star! Incredibly interesting, informative, clear and concise. Well done!'  
**London Borough of Bexley Council**

'Best training I have been on at Riverside - very clear and knowledgeable. We should do more courses like this - much better than the usual mediocre training we are subjected to. No ridiculous games designed to waste time or trainer that have little knowledge of the subject. This course was excellent'.  
**Riverside ECHG**

'Excellent course – trainer's knowledge was exceptional - really enjoyed the course and took away some valuable information/tips to assist me with Lone Working'  
**Spectrum Housing**

'Fantastic tutor, would hope that I would be on a course with Simon again. Best one I have been on. Great material and information. More courses like this, hands down the best course I have been on. The information and knowledge is fantastic'.  
**Accent Foundation Housing**

'An excellent course and trainer. Really interesting and very useful information. So very much better than the previous trainer, etc for lone working. Many thanks'  
**Spectrum Housing**

'Superb. The trainer knows his stuff, very informative and well linked to health and safety. Recommend to all staff who work alone'.  
**Barnet Council (H&S manager)**

'Simon is a great tutor and has great knowledge. It's lovely to be able to enjoy a course from start to finish. From the science to the backgrounds of people, to the videos and situations, couldn't fault a thing'.  
**Walsall Housing**

'I was impressed by the trainer's vast knowledge around the subject. It was invaluable the psychology behind risk and behaviours and as delivered in a way we all levels and background knowledge could understand. Thank you so much for a brilliant course'.  
**Waltham Forest Council**

'Most beneficial training I have ever had - relevant, interesting, inspiring - wish there could be more training like this'.  
**Northampton Probation Services**

'Awesome Session. Trainer was excellent!'  
**Delos Community**

'Simon is the best teacher & facilitator of any workshop I have ever been on'.  
**Riverside ECHG**

'Excellent course, training style was brilliant. Thought Wish I could do more training like this. Best training I have ever done'  
**Guinness Housing**

'Though provoking and explained content in a way that made sense. Really enjoyable day'  
**AMHP Social Worker – Havering Council**

'Thank you. A most stimulating and thorough experience for learning and consolidation. Very enjoyable course!'  
**West Yorkshire Partnership NHS Foundation Trust**

'Really good course, informative, relevant to work, really well presented, knowledge of trainer was excellent.  
**AMHP Social Worker – Havering Council**

'This training is possibility the best I have ever been on. I found it all relevant to my role and I now feel more confident in spotting behaviour that could turn nasty and how to take measures to prevent it or to deal with it if the worst came to the worst! Very valuable information to have in my job!. The trainer was extremely knowledgeable and excellent in his training methods'.  
**Ascis Housing**

'Great use of media footage, good straight forward explanation of personality disorder and mental health and the differences therein. Great Trainer!'  
**Nottingham Community Housing**

'One of the best courses I have ever attended. Very informative and useful for all public facing workers'  
**Thanet District Council**

'Great course, would do it again, very, very good course'  
**Serco**

'The case studies were most useful as I was able to link the learnt theory to a situation'  
**Thames Valley Police**

'Brilliant! Recommend it to anyone!'  
**St Mungos**

'Course was fantastic! Trainer as fantastic!'  
**Barnet Council**

'It was excellent. A training course that I got a lot from and one that I will remember for a long time!'  
**Erewash Council**

'Excellent. Best course I've been on!'  
**Barnet Council**

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