



Training delivered by Psychiatry-trained experts

Substance Misuse & Dual Diagnosis Training.

MHT-08. A unique overview of dual diagnosis psychiatry. Blending the fields of mental health science, drug use and biopsychology into unique training delivered by experts

This workshop is designed for organisations that support people with mental health needs and co-occurring drug use challenges. It offers an overview of common illicit substances, the associated biology, physiology and psychiatric consequences.

The following areas are addressed in detail:

- Mental disorder and substance misuse. The complex interplay between psychological vulnerability, drug dependency and the drug-induced mental disorder
- Substance use - the biology and physiology
- Therapeutic relationships - working with individuals vulnerable to mental disorder and drug dependency
- NICE Guidelines relevant to dual diagnosis and mental disorder
- The risk associated with drug use and pharmaceutical treatments
- Challenging stigma and improved signposting
- Motivational Interviewing strategies - for harm minimisation and healthy change
- Solution Focussed Brief Therapy Solutions tailored to supporting individuals vulnerable to substance misuse
- Risk awareness, risk management and general advocacy



This training is delivered by highly qualified experts in the field of psychiatry. It's 5-star training that can be tailored to your workplace and learning objectives.

We support a wide range of clients in the public and private sectors including NHS trusts, CMHT & CAMHS, specialist substance misuse teams, local government, social work and social care providers, housing providers, national charities, the police and emergency services, residential care, private hospitals, the education sector and international corporate business.

Telephone 01332 362222



ADVANCED TRAINING:

MHT08 - Dual Diagnosis & Substance Misuse Training

Other workshops available

- **MHT01 - Mental Health Awareness Training**
- **MHT10 - Childhood & Adolescent Mental Health Training**
- **MHT02 - Personality Disorder Training**
- **MHT03 - Self Harm & Suicide Training**
- **MHT19 - Lone Working & Personal Safety Training**
- **MHT11 - Managing Conflict & Hostile Behaviours Training** (Including Lone Working Safety)
- **MHT06 - Dementia & Neurocognitive Disorders**
- **MHT17 - Hoarding & Self Neglect Training MHT06 - Dementia & Neurocognitive Disorders**
- **MHT15 - Motivational Interviewing Training**
- **MHT20 - Understanding Capacity, The Mental Health Act & Best Interests Assessments**
- **MHT16 - Mental Health In The Workplace. Training for HR and Managers**
- **MHT21 - Managing Challenging Behaviours In Children Training** (PACE / PBS Models)

The UK's leading providers of mental health training & consultancy. An authority you can trust.

The workshop offers an overview of psychoactive substances and the physiological impact of drug taking / pharmacy on the body and mind.

It's a Dual Diagnosis training event that considers substance misuse and general psychiatry from an integrated perspective. We offer bespoke-designed content to meet a range of learning needs, so please consult with us if you have a particular learning objective.

Here's an example overview of a typical training workshop (10 bullet points):

- 1 – Illicit drugs that commonly used in the UK. Their classifications, effects on the central nervous system and the associated organic and psychological / psychiatric harms;
- 2 – The brain on drugs, the psychobiology of addiction and psychological factors that increase resistance to health-focussed advice and support;
- 3 – An overview of mental disorder and the interplay between drug use and mental illness;
- 5 – Prescription medication misuse and dependency. A classification of pharmaceuticals, their effects and abuse potential and the risk factors of congesting pharmaceuticals and illicit substances;
- 4 – The risks associated with the co-ingestion of illicit substances and pharmaceuticals;
- 6 – A key focus on illicit substances and alcohol dependency and the relationship with mental disorder, delirium and alcohol-related dementias / neuro-cognitive disorders;

7 – Dual diagnosis factors with a key focus on NICE Guidelines and the obligations / responsibilities within the NHS to support individuals with co-occurring mental disorder and substance misuse / dependency;

8 – Understanding the principles of motivational interviewing and developing strategies to better-support people with substance dependency and co-occurring mental disorder;

9 – Understanding and employing the harm minimisation model into counselling / support strategies;

10 – Evidence-based training with access to a wide range of peer-reviewed articles associated with suicide science and access to free post-training support;

Training facilitators:

This training is delivered by facilitators trained in psychiatry and specialise in general psychiatric illness and abnormal psychology, personality disorder and stress-related illness training.

We offer a wide-ranging, multi-disciplinary knowledge and skills with high quality, integrated evidence-based training that you can trust.

Telephone 01332 362222
info@mentalhealthtraining.co.uk



**Mental Health
Training.co.uk**



A very small selection of recent delegate evaluations.

'Very, very useful. One of the best courses I have been on. Will certainly use what I have learnt. Highly recommended for anyone at all that works with tenants and the public. Almost essential in my opinion'
Guinness Housing

'Similar, I assume, to being machine-gunned. Most enjoyable and informative course I have ever attended!'
Pembrokeshire County Council Social Care Workforce

'This trainer is amazing! Level of knowledge & the medium in which it was communicated as excellent. Great to receive training at an appropriate level. Brilliant!
Conwy County Council

This comment does not come from politeness. I'm a business trainer and have been on hundreds of courses, or many types. This is by far the best delivered, best informed, most useful and relevant course I have ever been on'
Broadlands District Council

'Best course I've been on. Great delivery, Very comprehensive information which was targeted perfectly to the audience at a level which was understandable and absolutely relevant to our roles as support / key workers. Brilliant day and cannot think of an ways in which it could have been improved'
Riverside

'Best Course I've done for years! Bloody Brilliant!'
AMHP Social Worker – Haringey Council

'The course was extremely stimulating and probably the best that I have been on with Longhurst Housing'
Longhurst Housing

'I haven't gained so much from a day's training for a long while. It's a subject in which I have a great interest . I gained much in terms of revision also new information. I haven't enjoyed learning so much for a while - excellent trainer'
AMHP Social Worker – Haringey Council

'Great course! Wealth of information relevant to my role. Interesting combination of research, evidence-based practice of psychological interventions. Training of a much better academic level than lots of training within service at times. Really enjoyed the day
AMHP Social Worker – Haringey Council

"Hands-down the best training that I have ever had at Redbridge"
London Borough of Redbridge Council

'Very interesting course, learned a lot of valuable tools for use with individuals. Excellent delivery!'
Pembrokeshire County Council Social Care Workforce

'Excellent training, thank you! Interesting and thought provoking. All really relevant'
West Yorkshire Partnership NHS Foundation Trust

'Five star! Incredibly interesting, informative, clear and concise. Well done!'
London Borough of Bexley Council

'Best training I have been on at Riverside - very clear and knowledgeable. We should do more courses like this - much better than the usual mediocre training we are subjected to. No ridiculous games designed to waste time or trainer that have little knowledge of the subject. This course was excellent'.
Riverside ECHG

'Excellent course – trainer's knowledge was exceptional - really enjoyed the course and took away some valuable information/tips to assist me with Lone Working'
Spectrum Housing

'Fantastic tutor, would hope that I would be on a course with Simon again. Best one I have been on. Great material and information. More courses like this, hands down the best course I have been on. The information and knowledge is fantastic'.
Accent Foundation Housing

'An excellent course and trainer. Really interesting and very useful information. So very much better than the previous trainer, etc for lone working. Many thanks'
Spectrum Housing

'Superb. The trainer knows his stuff, very informative and well linked to health and safety. Recommend to all staff who work alone'.
Barnet Council (H&S manager)

'Simon is a great tutor and has great knowledge. It's lovely to be able to enjoy a course from start to finish. From the science to the backgrounds of people, to the videos and situations, couldn't fault a thing'.
Walsall Housing

'I was impressed by the trainer's vast knowledge around the subject. It was invaluable the psychology behind risk and behaviours and as delivered in a way we all levels and background knowledge could understand. Thank you so much for a brilliant course'.
Waltham Forest Council

'Most beneficial training I have ever had - relevant, interesting, inspiring - wish there could be more training like this'.
Northampton Probation Services

'Awesome Session. Trainer was excellent!'
Delos Community

'Simon is the best teacher & facilitator of any workshop I have ever been on'.
Riverside ECHG

'Excellent course, training style was brilliant. Thought Wish I could do more training like this. Best training I have ever done'
Guinness Housing

'Though provoking and explained content in a way that made sense. Really enjoyable day'
AMHP Social Worker – Havering Council

'Thank you. A most stimulating and thorough experience for learning and consolidation. Very enjoyable course!'
West Yorkshire Partnership NHS Foundation Trust

'Really good course, informative, relevant to work, really well presented, knowledge of trainer was excellent.
AMHP Social Worker – Havering Council

'This training is possibility the best I have ever been on. I found it all relevant to my role and I now feel more confident in spotting behaviour that could turn nasty and how to take measures to prevent it or to deal with it if the worst came to the worst! Very valuable information to have in my job!. The trainer was extremely knowledgeable and excellent in his training methods'.
Ascis Housing

'Great use of media footage, good straight forward explanation of personality disorder and mental health and the differences therein. Great Trainer!'
Nottingham Community Housing

'One of the best courses I have ever attended. Very informative and useful for all public facing workers'
Thanet District Council

'Great course, would do it again, very, very good course'
Serco

'The case studies were most useful as I was able to link the learnt theory to a situation'
Thames Valley Police

'Brilliant! Recommend it to anyone!'
St Mungos

'Course was fantastic! Trainer as fantastic!'
Barnet Council

'It was excellent. A training course that I got a lot from and one that I will remember for a long time!'
Erewash Council

'Excellent. Best course I've been on!'
Barnet Council

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