



Training delivered by Psychiatry-trained experts

Child & Adolescent Mental Health Training and Consultancy

MHT-10. Childhood & Adolescent Mental Health Training. **The psychology, psychiatry and behavioural science of mental health needs first identified in younger people. Supportive conversations, safeguarding and signposting**

This workshop provides a comprehensive overview of childhood and adolescent psychiatry. It supports you to better understand the psychological and emotional world of young people.

This is a wide and complex field. We're here to help you configure the training content to support a range of learning objectives. And we'll deliver this in an enjoyable and empowering style.

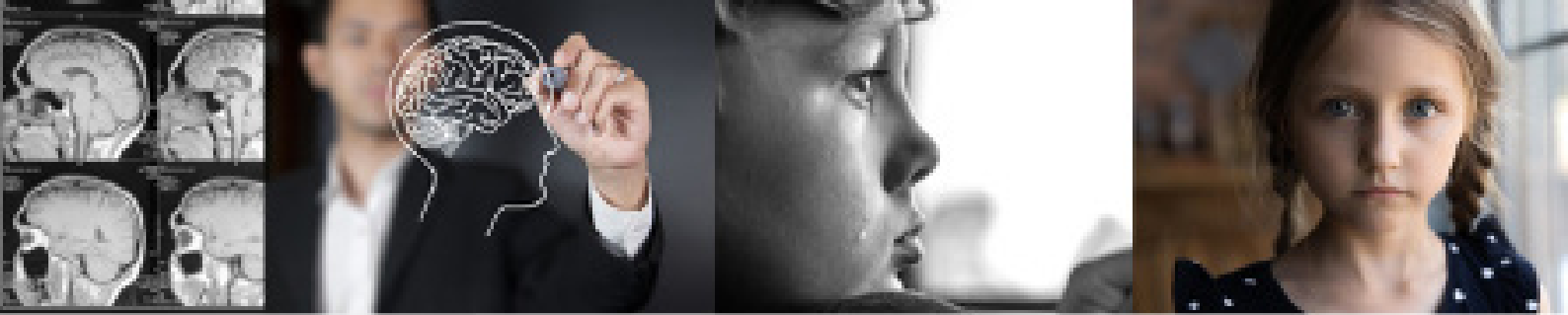
This is a wide and complex field. We're here to help you configure the training content to support a range of learning objectives. And we'll deliver this in an enjoyable and empowering style.

This training is delivered by qualified experts in the field of psychiatry. We support a wide range of clients in the public and private sectors including NHS trusts, CMHT, CAMHS, local government, social workers, and social care providers, AMHPs, housing providers, national charities, the police and emergency services, children's residential care and private hospitals.



Telephone 01332 362222

info@mentalhealthtraining.co.uk



ADVANCED TRAINING:

MHT10 - Childhood & Adolescent Mental Health Training

Other workshops available

- **MHT01 - Mental Health Awareness Training**
- **MHT02 - Personality Disorder Training**
- **MHT03 - Self Harm & Suicide Training**
- **MHT19 - Lone Working & Personal Safety Training**
- **MHT11 - Managing Conflict & Hostile Behaviours Training (Including Lone Working Safety)**
- **MHT06 - Dementia & Neurocognitive Disorders**
- **MHT08 - Dual Diagnosis & Substance Misuse**
- **MHT17 - Hoarding & Self Neglect Training**
MHT06 - Dementia & Neurocognitive Disorders
- **MHT15 - Motivational Interviewing Training**
- **MHT20 - Understanding Capacity, The Mental Health Act & Best Interests Assessments**
- **MHT16 - Mental Health In The Workplace. Training for HR and Managers**

The UK's leading providers of mental health training & consultancy. An authority you can trust.

This training is a one-day event and can be delivered onsite / face-to-face or by webinar. Extended training is available.

This workshop provides a dedicated focus on the mental health disorders first recognised in childhood and adolescence.

We offer a standard workshop and tailored variations. This overview of the mental health needs of children and adolescents will discuss fluctuations in mental wellbeing, anxiety and mood-related disorder, emerging psychosis, complex behaviours associated with self-harm and self-injury, the effects of social media on young people and the modern-day challenges that negatively impact the minds and lives of our young people.

The key focus

Childhood and adolescent psychiatric disorder as identified in both ICD-11 and DSM 5 are addressed in these training events. The following conditions are explored through diagnostic criteria and behavioural symptoms:

- Autistic Spectrum Disorders
- ADHD & neurodiversity
- Intellectual disability and SEN
- Mood disorders including Bipolar Disorder in young people
- Anxiety disorders common to young people. This includes generalised anxiety and panic-related disorders, social phobias, OCD, trauma-related diagnoses, separation anxiety, selective mutism and phobias
- Non-Organic Psychosis
- Substance Misuse
- Eating Disorders
- Self-Harm & Emotional Dysregulation
- Oppositional-defiant behaviours and conduct disorders
- Differential Diagnosis, Comorbidity & the NICE Guidelines.

- The CAMHS system including informal and formal inpatient care
- Capacity decisions in relation to young people and adolescents including Gillick Competency
- The workshop will also address the areas often referred to as 'emerging personality disorder'. This is commonly the EUPD / BPD diagnosis. This will help teams recognise the symptoms identified in ICD 11 / DSM5 diagnosis which can improve signposting and support.

Behavioural support training

Behavioural support and communication strategies can be blended into the training. This can be extended into a two-day workshop where appropriate. This content is typically based on the following appropriate evidence-based models:

- PACE training,
- Positive Behavioural Support models (PBS)
- Adolescent Dialectical Behavioural Therapy and amended CBT

The training is a mix of evidence-based knowledge and conversational practice – carefully designed to equip your team with a extensive knowledge, skills and interventions.

Training facilitators:

This training is delivered by facilitators trained in psychiatry. We specialise in general psychiatry, abnormal psychology, personality disorder and mental disorders first recognised in childhood and adolescence.

We offer a wide-ranging, multi-disciplinary knowledge and skills with high quality, integrated evidence-based training that you can trust.

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A very small selection of recent delegate evaluations.

'Very, very useful. One of the best courses I have been on. Will certainly use what I have learnt. Highly recommended for anyone at all that works with tenants and the public. Almost essential in my opinion'

Guinness Housing

'Similar, I assume, to being machine-gunned. Most enjoyable and informative course I have ever attended!'

Pembrokeshire County Council Social Care Workforce

'This trainer is amazing! Level of knowledge & the medium in which it was communicated as excellent. Great to receive training at an appropriate level. Brilliant!'

Conwy County Council

This comment does not come from politeness. I'm a business trainer and have been on hundreds of courses, or many types. This is by far the best delivered, best informed, most useful and relevant course I have ever been on'

Broadlands District Council

'Best course I've been on. Great delivery, Very comprehensive information which was targeted perfectly to the audience at a level which was understandable and absolutely relevant to our roles as support / key workers. Brilliant day and cannot think of an ways in which it could have been improved'

Riverside

'Best Course I've done for years! Bloody Brilliant!'

AMHP Social Worker – Haringey Council

'The course was extremely stimulating and probably the best that I have been on with Longhurst Housing'

Longhurst Housing

'I haven't gained so much from a day's training for a long while. It's a subject in which I have a great interest . I gained much in terms of revision also new information. I haven't enjoyed learning so much for a while - excellent trainer'

AMHP Social Worker – Haringey Council

'Great course! Wealth of information relevant to my role. Interesting combination of research, evidence-based practice of psychological interventions. Training of a much better academic level than lots of training within service at times. Really enjoyed the day'

AMHP Social Worker – Haringey Council

"Hands-down the best training that I have ever had at Redbridge"

London Borough of Redbridge Council

'Very interesting course, learned a lot of valuable tools for use with individuals. Excellent delivery!'

Pembrokeshire County Council Social Care Workforce

'Excellent training, thank you! Interesting and thought provoking. All really relevant'

West Yorkshire Partnership NHS Foundation Trust

'Five star! Incredibly interesting, informative, clear and concise. Well done!'

London Borough of Bexley Council

'Best training I have been on at Riverside - very clear and knowledgeable. We should do more courses like this - much better than the usual mediocre training we are subjected to. No ridiculous games designed to waste time or trainer that have little knowledge of the subject. This course was excellent'.

Riverside ECHG

'Excellent course – trainer's knowledge was exceptional - really enjoyed the course and took away some valuable information/tips to assist me with Lone Working'

Spectrum Housing

'Fantastic tutor, would hope that I would be on a course with Simon again. Best one I have been on. Great material and information. More courses like this, hands down the best course I have been on. The information and knowledge is fantastic'.

Accent Foundation Housing

'An excellent course and trainer. Really interesting and very useful information. So very much better than the previous trainer, etc for lone working. Many thanks'

Spectrum Housing

'Superb. The trainer knows his stuff, very informative and well linked to health and safety. Recommend to all staff who work alone'.

Barnet Council (H&S manager)

'Simon is a great tutor and has great knowledge. It's lovely to be able to enjoy a course from start to finish. From the science to the backgrounds of people, to the videos and situations, couldn't fault a thing'.

Walsall Housing

'I was impressed by the trainer's vast knowledge around the subject. It was invaluable the psychology behind risk and behaviours and as delivered in a way we all levels and background knowledge could understand. Thank you so much for a brilliant course'.

Waltham Forest Council

'Most beneficial training I have ever had - relevant, interesting, inspiring - wish there could be more training like this'.

Northampton Probation Services

'Awesome Session. Trainer was excellent!'

Delos Community

'Simon is the best teacher & facilitator of any workshop I have ever been on'.

Riverside ECHG

'Excellent course, training style was brilliant. Thought Wish I could do more training like this. Best training I have ever done'

Guinness Housing

'Though provoking and explained content in a way that made sense. Really enjoyable day'

AMHP Social Worker – Havering Council

'Thank you. A most stimulating and thorough experience for learning and consolidation. Very enjoyable course!'

West Yorkshire Partnership NHS Foundation Trust

'Really good course, informative, relevant to work, really well presented, knowledge of trainer was excellent.

AMHP Social Worker – Havering Council

'This training is possibility the best I have ever been on. I found it all relevant to my role and I now feel more confident in spotting behaviour that could turn nasty and how to take measures to prevent it or to deal with it if the worst came to the worst! Very valuable information to have in my job!. The trainer was extremely knowledgeable and excellent in his training methods'.

Ascis Housing

'Great use of media footage, good straight forward explanation of personality disorder and mental health and the differences therein. Great Trainer!'

Nottingham Community Housing

'One of the best courses I have ever attended. Very informative and useful for all public facing workers'

Thanet District Council

'Great course, would do it again, very, very good course'

Serco

'The case studies were most useful as I was able to link the learnt theory to a situation'

Thames Valley Police

'Brilliant! Recommend it to anyone!'

St Mungos

'Course was fantastic! Trainer as fantastic!'

Barnet Council

'It was excellent. A training course that I got a lot from and one that I will remember for a long time!'

Erewash Council

'Excellent. Best course I've been on!'

Barnet Council

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