

Dual Diagnosis Training – Between a rock and hard place:

The term 'Dual Diagnosis' describes the co-occurring problems of mental illness and substance misuse. This is a uniquely complex area of psychiatry. The NHS Nice Guidelines offer a standard of service that is rarely met; the consequences reflecting in poor service and increased risks to clients. Illicit substances interact with pharmaceuticals; such drug-drug interactions can be dangerous and patient safety is paramount. That said, increased knowledge and awareness is important if key workers and social care staff are required to manage and support clients and residents.

This workshop provides an overview of substance misuse and its relationship with mental disorder. It looks at the treatments available, the standards of service the NHS are obliged to provide, the risks of drug-drug interactions and the counselling interventions that may support residents to minimise the consequences of their behaviour. This workshop does not provide a magic wand but hopes to equip workers with increased knowledge of pharmacology, pharmaceutical risk management, psychiatry and substance misuse and available treatments.

This full-day workshop provides a dedicated focus on:

- The complex relationships between substance misuse and mental illness;
- Drug-drug interactions – recognising risk;
- Nice Guidelines for Dual Diagnosis, levels of service;
- Motivational skills to support substance misusers in their minimisation of risk;
- Treatments available to clients with dual diagnosis;
- The role of psychotherapy;
- Working with clients with dual diagnosis;
- Risk management;

A very small selection of recent delegate evaluations. Please ask to see copies of the original forms.

'Awesome Session. Trainer was excellent'! **Delos Community**

'Best Course I've done for years! Bloody Brilliant!' **AMHP Social Worker – Haringey Council**

'Best course I've been on. Great delivery, Very comprehensive information which was targeted perfectly to the audience at a level which was understandable and absolutely relevant to our roles as support / key workers. Brilliant day and cannot think of an ways in which it could have been improved' **Riverside**

"Most beneficial training I have ever had - relevant, interesting, inspiring - wish there could be more training like this". **Northampton Probation Services**

"Hands-down the best training that I have ever had at Redbridge" **London Borough of Redbridge Council**

'Very interesting course, learned a lot of valuable tools for use with individuals. Excellent delivery!'

Pembrokeshire County Council Social Care Workforce

"Excellent training, thank you! Interesting and thought provoking. All really relevant" **West Yorkshire**

Partnership NHS Foundation Trust

'Wish I could do more training like this. Best training I have ever done' **Guinness Housing**

'Five star! Incredibly interesting, informative, clear and concise. Well done'! **London Borough of Bexley**

Council

'Excellent course, training style was brilliant. Thought provoking and explained content in a way that made sense. Really enjoyable day' **AMHP Social Worker – Havering Council**

'Excellent delivery, trainer extremely knowledgeable and held my attention throughout very relevant to my job'

Royal Windsor & Maidenhead Borough Council

'Really excellent and intellectually challenging training... Excellent facilitator' **Staffordshire County Council**

'Brilliant! Recommend it to anyone!' **St Mungos**

'Similar, I assume, to being machine-gunned. Most enjoyable and informative course I have ever attended!'

Pembrokeshire County Council Social Care Workforce

'It was excellent. A training course that I got a lot from and one that I will remember for a long time!' **Erewash**

Council

'Enjoyed the course, very informative. Knowledgeable facilitator' **South West Yorkshire Partnership NHS**

Foundation Trust

'Thank you. A most stimulating and thorough experience for learning and consolidation. Very enjoyable

course!' **West Yorkshire Partnership NHS Foundation Trust**

'Simon is a great tutor and has great knowledge. It's lovely to be able to enjoy a course from start to finish.

From the science to the backgrounds of people, to the videos and situations, couldn't fault a thing. **Walsall**

Housing

'Really good course, informative, relevant to work, really well presented, knowledge of trainer was excellent.

AMHP Social Worker – Havering Council

'Brilliant course and trainer. Learnt loads and would like more intense training over more days.' **Riverside**

'This training is possibly the best I have ever been on. I found it all relevant to my role and I now feel more confident in spotting behaviour that could turn nasty and how to take measures to prevent it or to deal with it

if the worst came to the worst! Very valuable information to have in my job!. The trainer was extremely knowledgeable and excellent in his training methods'. **Ascis Housing**

'This was an excellent training day. I have learnt so much and will be able to put what I have learnt into

practice. Great Trainer!' **Nottingham Community Housing**

'It was brilliant training, really informative and delivered at excellent pace' **Riverside**

'Brilliant. Great use of PowerPoint / videos etc - suited different learning styles' **Royal Windsor & Maidenhead Borough Council**

'The best violence and aggression course that I have ever been on. Very interesting' - London Barking & Dagenham Council

'The course was extremely stimulating and probably the best that I have been on with Longhurst Housing'
Longhurst Housing;

'The course has been most interesting and will be put to good use. I could have quite happily covered more on the subject matter' **Thames Valley Police**

'Very good course, trainer was very good at bringing the subjects together' **AMHP Social Worker – Havering Council**

'A very good course, very detailed and informative. Strongly recommend it. The trainer was extremely skilful and knowledgeable.' **AMHP Social Worker – Haringey Council**

'Hands-down the best training that I have had at Redbridge! Appropriately academic, excellent practical tips. This was brilliant, more of the same calibre training would be appreciated'. **Redbridge Borough Council**

'Thought that this was an outstanding course and very beneficial' - **Guildford Borough Council**

'Most Interesting course I've been on in years!' **Nottinghamshire Probation**

'I have done lone worker training etc in the past and this course was by far the best I have attended'. **Boston Mayflower**

'All aspects of this course were relevant and applicable. Strongly recommended to colleagues' **Nottingham Community Housing**

'Very informative trainer. Knowledgeable and experienced. Interesting anecdotal case histories' **Delos Community**

'Excellent. Would recommend to colleagues. Very good!' **Staffordshire County Council**

'Best training I have ever attended: Interesting, relevant & beneficial.' **Southern Housing Group**

'Excellent training. Interesting and engaging material. Learnt new knowledge' **AMHP Social Worker – Haringey Council**

'Ok there... just say a big thank you to Simon for today's presentation..... I was totally absorbed for hours! It was probably the best training day I have ever had!' **North Wales Housing**

'Very, very useful. One of the best courses I have been on. Will certainly use what I have learnt. Highly recommended for anyone at all that works with tenants and the public Almost essential in my opinion'
Guinness Housing

'Fantastic course!' **Accent Foundation Housing**

'Excellent, very interesting course'' Relevant to the job, very useful, very in-depth' **Spire Housing**

'Excellent course, Excellent Tutor and very interesting' **Nottinghamshire Probation**

'Brilliant course!' **Hightown Praetorian & Churches Housing Association**

'Fantastic tutor, would hope that I would be on a course with Simon again. Best one I have been on. Great material and information. More courses like this, hands down the best course I have been on. The information and knowledge is fantastic. **Accent Foundation Housing**

'Very good course, interesting subject and will be able to use the techniques in my work' **St Mungos**

'Excellent Course! Very well presented,. Engaging, relevant and informative. Could have done with more time''. **Derbyshire Fire & Rescue**

'Extremely informative'. **AMHP Social Worker –Enfield Council**

'Very interesting course, well worth attending'. **AMHP Social Worker –Enfield Council**

'The case studies were most useful as I was able to link the learnt theory to a situation' **Thames Valley Police**

'Very interesting, Simon was very knowledgeable & clearly an expert in his field' –**Accent Nene Housing**

'This comment does not come from politeness. I'm a business trainer and have been on hundreds of courses, or many types. This is by far the best delivered, best informed, most useful and relevant course I have ever been on' –**Broadlands District Council**

'Almost all of the course was useful, and extremely well structured, and very well presented from start to finish'–**Walsall Housing Group**

Excellent – **Harrow Council**

'Excellent Facilitator, very interesting content. Would recommend to others' **Longhurst Housing;**

'Very clear information. Excellent tutor. Very informative and interesting'. London Borough of Bexley Council

1st Class! Guinness Housing

'How could it be improved? I don't think that it could be improved at all! – **Thurrock Council**

Really enjoyed yesterday, the course was at a relaxed pace and the gentleman who delivered the training was clearly experienced and interesting to listen to. What I found useful is the importance of looking for signs to actually avoid confrontation, like tenants body language and remembering the value of checking tenant history before you go out on visits. **Ascis Housing**

'Should have done this over a year ago'. Very Impressive. **Guinness Housing**

'Excellent tutor!'. London Borough of Bexley Council 'Excellent knowledge, pitched at right level. Explained in 'Layman's terms'. **London Borough of Bexley Council**

Very, very interesting. Very useful tools'. **London Borough of Bexley Council**

An excellent course which was very well presented and gave enough background information to understand – **Cheshire Plains & Peaks Homes**

One of the most interesting training sessions I have ever attended - **Cheshire Plains & Peaks Homes**

One of the best courses I have attended - **Cheshire Plains & Peaks Homes**

'Trainer had an excellent approach to the subject and was really personable. Interesting confidence-building session' – **Broadlands District Council**

'Brilliant course, totally absorbing and enlightening' – **Impact Housing**

'Best course to date! 5 star lecture and trainer' - **Sentinel Housing**

'Invaluable experience best trainer. Made the learning experience worthwhile – **Erewash Council**

'Felt the course was absolutely excellent. Trainer enables me to be engaged consistently. Brilliant Course' – **Haringey Council**

'Great use of media footage, good straight forward explanation of personality disorder and mental health and the differences therein. Great Trainer!' **Nottingham Community Housing**

'Very interesting. Very good trainer – could have listened to him for hours!' **Erewash Council**

'Excellent course and very informative!' **Erewash Council**

I thought the training was excellent and very interesting there wasn't anything that was irrelevant to our job. The trainer was very good and engaged well with us'. Ascis Housing

'One of the best courses I have ever attended. Very informative and useful for all public facing workers'- **Thanet District Council'**

Very, very good trainer! – **Harrow Council**

'Excellent training, really useful' **Hightown Praetorian & Churches Housing Association**

Excellent – **Harrow Council**