# **Clutter Image Rating Scale - Bedroom**

Please select the photo that most accurately reflects the amount of clutter in the room









7	8	9

## **Clutter Image Rating Scale - Lounge**

Please select the photo that most accurately reflects the amount of clutter in the room







8	

# **Clutter Image Rating Scale – Kitchen**

Please select the photo that most accurately reflects the amount of clutter in the room





4	5	6



15

## 16. Assessment Tool Guidelines

1. Property structure, services & garden area	<ul> <li>Assess the access to all entrances and exits for the property. (Note impact on any communal entrances &amp; exits). Include access to roof space.</li> <li>Does the property have a smoke alarm?</li> <li>Visual Assessment (non-professional) of the condition of the services (NPVAS) within the property e.g. plumbing, electrics, gas, air conditioning, heating, this will help inform your next course of action.</li> <li>Are the services connected?</li> <li>Assess the garden. size, access and condition.</li> </ul>
2. Household Functions	<ul> <li>Assess the current functionality of the rooms and the safety for their proposed use. E.g. can the kitchen be safely used for cooking or does the level of clutter within the room prevent it.</li> <li>Select the appropriate rating on the clutter scale.</li> <li>Please estimate the % of floor space covered by clutter</li> <li>Please estimate the height of the clutter in each room</li> </ul>
3. Health and Safety	<ul> <li>Assess the level of sanitation in the property.</li> <li>Are the floors clean?</li> <li>Are the work surfaces clean?</li> <li>Are you aware of any odours in the property?</li> <li>Is there rotting food?</li> <li>Does the resident use candles?</li> <li>Did you witness a higher than expected number of flies?</li> <li>Are household members struggling with personal care?</li> <li>Is there random or chaotic writing on the walls on the property?</li> <li>Are there unreasonable amounts of medication collected? Prescribed or over the counter?</li> <li>Is the resident aware of any fire risk associated to the clutter in the property?</li> </ul>
4. Safeguard of Children & Family members	<ul> <li>Do any rooms rate 7 or above on the clutter rating scale?</li> <li>Does the household contain young people or children?</li> </ul>
5. Animals and Pests	<ul> <li>Are the any pets at the property?</li> <li>Are the pets well cared for; are you concerned about their health?</li> <li>Is there evidence of any infestation? E.g bed bugs, rats, mice, etc.</li> <li>Are animals being hoarded at the property?</li> <li>Are outside areas seen by the resident as a wildlife area?</li> <li>Does the resident leave food out in the garden to feed foxes etc.</li> </ul>
6. Personal Protective Equipment (PPE)	<ul> <li>Following your assessment do you recommend the use of Personal Protective Equipment (PPE) at future visits? Please detail</li> <li>Following your assessment do you recommend the resident is visited in pairs? Please detail</li> </ul>

Level 1 Clutter image rating 1 - 3	Household environment is considered standard. No specialised assistance is needed. If the resident would like some assistance with general housework or feels they are declining towards a higher clutter scale, appropriate referrals can be made subject to age and circumstances.
1. Property structure, services & garden area	<ul> <li>All entrances and exits, stairways, roof space and windows accessible.</li> <li>Smoke alarms fitted and functional or referrals made to fire brigade to visit and install.</li> <li>All services functional and maintained in good working order.</li> <li>Garden is accessible, tidy and maintained</li> </ul>
2. Household Functions	<ul> <li>No excessive clutter, all rooms can be safely used for their intended purpose.</li> <li>All rooms are rated 0-3 on the Clutter Rating Scale</li> <li>No additional unused household appliances appear in unusual locations around the property</li> <li>Property is maintained within terms of any lease or tenancy agreements where appropriate.</li> <li>Property is not at risk of action by Environmental Health.</li> </ul>
3. Health and Safety	<ul> <li>Property is clean with no odours, (pet or other)</li> <li>No rotting food</li> <li>No concerning use of candles</li> <li>No concern over flies</li> <li>Residents managing personal care</li> <li>No writing on the walls</li> <li>Quantities of medication are within appropriate limits, in date and stored appropriately.</li> </ul>
4.Safeguard of Children & Family members	No Concerns for household members
5. Animals and Pests	<ul> <li>Any pets at the property are well cared for</li> <li>No pests or infestations at the property</li> </ul>
6. Personal Protective Equipment (PPE)	<ul> <li>No PPE required</li> <li>No visit in pairs required.</li> </ul>

Level 1	Actions
Referring Agency	<ul> <li>Discuss concerns with resident</li> <li>Raise a request to the Fire Brigade to provide fire safety advice</li> <li>Refer for support assessment if appropriate.</li> <li>Refer to GP if appropriate</li> </ul>
Environmental Health	No Action
Social Landlords	<ul> <li>Provide details on debt advice if appropriate to circumstances</li> <li>Refer to GP if appropriate</li> <li>Refer for support assessment if appropriate.</li> <li>Provide details of support streams open to the resident via charities and self-help groups.</li> <li>Provide details on debt advice if appropriate to circumstances</li> <li>Ensure residents are maintaining all tenancy conditions</li> </ul>
Practitioners	<ul> <li>Complete Hoarding Assessment</li> <li>Make appropriate referrals for support</li> <li>Refer to social landlord if the client is their tenant or leaseholder</li> </ul>
Emergency Services	• Ensure information is shared with statutory agencies & feedback is provided to referring agency on completion of home visits.
Animal Welfare	No action unless advice requested
Safeguarding Adults	No action unless other concerns of abuse are noted.
MASH	No action unless other concerns of abuse are noted.

Level 2	Household environment requires professional assistance to resolve the
Clutter Image	clutter and the maintenance issues in the property.
Rating 4 – 6	
1. Property	Only major exit is blocked
structure,	Only one of the services is not fully functional
services &	<ul> <li>Concern that services are not well maintained</li> </ul>
garden area	Smoke alarms are not installed or not functioning
	Garden is not accessible due to clutter, or is not maintained
	<ul> <li>Evidence of indoor items stored outside</li> <li>Evidence of light structural damage including damp</li> </ul>
	<ul> <li>Interior doors missing or blocked open</li> </ul>
2. Household Functions	<ul> <li>Clutter is causing congestion in the living spaces and is</li> </ul>
Functions	<ul><li>impacting on the use of the rooms for their intended purpose.</li><li>Clutter is causing congestion between the rooms and entrances.</li></ul>
	<ul> <li>Room(s) score between 4-5 on the clutter scale.</li> </ul>
	<ul> <li>Inconsistent levels of housekeeping throughout the property</li> </ul>
	Some household appliances are not functioning properly and
	there may be additional units in unusual places.
	Property is not maintained within terms of lease or tenancy
	<ul><li>agreement where applicable.</li><li>Evidence of outdoor items being stored inside</li></ul>
3. Health and	<ul> <li>Kitchen and bathroom are not kept clean</li> </ul>
Safety	Offensive odour in the property
	Resident is not maintaining safe cooking environment     Some concern with the quantity of mediaction, or its storage or
	<ul> <li>Some concern with the quantity of medication, or its storage or expiry dates.</li> </ul>
	No rotting food
	No concerning use of candles
	<ul> <li>Resident trying to manage personal care but struggling</li> </ul>
	No writing on the walls
4.Safeguard of	Hoarding on clutter scale 4 -7 doesn't automatically constitute a
Children & Family	Safeguarding Alert.
members	Please note all additional concerns for householders     Preparties with additional
	<ul> <li>Properties with children or vulnerable residents with additional support needs may trigger a Safeguarding Alert under a different</li> </ul>
	risk.
5. Animals and	Pets at the property are not well cared for
Pests	<ul> <li>Resident is not unable to control the animals</li> </ul>
	Animal's living area is not maintained and smells
	<ul> <li>Animals appear to be under nourished or over fed</li> </ul>
	Sound of mice heard at the property.
	Spider webs in house
	<ul> <li>Light insect infestation (bed bugs, lice, fleas, cockroaches, ants, etc)</li> </ul>
6. Personal	Latex Gloves, boots or needle stick safe shoes, face mask, hand
Protective	<ul> <li>Latex Gloves, boots of needle stick sale shoes, face mask, hand sanitizer, insect repellent.</li> </ul>
Equipment	<ul> <li>PPE required.</li> </ul>
(PPE)	· ·

	Actions
Level 2	In addition to actions listed below these cases need to be monitored regularly in the future due to RISK OF ESCALATION or REOCURRENCE
Referring Agency	<ul> <li>Refer to landlord if resident is a tenant</li> <li>Refer to Environmental Health is resident is a freeholder</li> <li>Raise an request to the Fire Brigade to provide fire prevention advice</li> <li>Provide details of garden services</li> <li>Refer for support assessment</li> <li>Referral to GP</li> <li>Referral to debt advice if appropriate</li> <li>Refer to Animal welfare if there are animals at the property.</li> <li>Ensure information sharing with all agencies involved to ensure a collaborative approach and a sustainable resolution.</li> </ul>
Environmental Health	<ul> <li>Refer to Environmental Health on 020 8545 3025 with details of client, landlord (if relevant) referrer's details and overview of problems</li> <li>At time of inspection, Environmental Health Officer decides on appropriate course of action</li> <li>Consider serving notices under Environmental Protection Act 1990, Prevention of Damage By Pests Act 1949 or Housing Act 2004 Consider Works in Default if notices not complied by occupier</li> </ul>
Social Landlord	<ul> <li>Visit resident to inspect the property &amp; assess support needs</li> <li>Referral to Merton Generic Floating Support to assist in the restoration of services to the property where appropriate.</li> <li>Ensure residents are maintaining all tenancy conditions</li> <li>Enforce tenancy conditions relating to residents responsibilities</li> <li>Ensure information sharing with all agencies involved to ensure a collaborative approach and a sustainable resolution.</li> </ul>
Practitioners	<ul> <li>Refer to "Guidance for Hoarding Guidance Questions to Ask"</li> <li>Complete Practitioners Assessment Tool Ensure information sharing with all agencies involved to ensure a collaborative approach and a sustainable resolution.</li> </ul>
Emergency Services	<ul> <li>Ensure information sharing with all agencies involved to ensure a collaborative approach and a sustainable resolution.</li> <li>Provide feedback to referring agency on completion of home visits.</li> </ul>
Animal Welfare	<ul> <li>Visit property to undertake a wellbeing check on animals at the property.</li> <li>Educate client regarding animal welfare if appropriate</li> <li>Provide advice / assistance with re-homing animals</li> </ul>
Safeguarding Adults	<ul> <li>No action unless other concerns of abuse are noted.</li> <li>If other concerns of abuse are of concern or have been reported, progression to safeguarding referral and investigation may be necessary.</li> </ul>
MASH	No action unless other concerns of abuse are noted

	Household environment will require intervention with a collaborative multi agency
Level 3	approach with the involvement from a wide range of professionals. This level of
	hoarding constitutes a Safeguarding alert due to the significant risk to health of the
Clutter image	householders, surrounding properties and residents. Residents are often unaware of the
rating	implication of their hoarding actions and oblivious to the risk it poses.
7 - 9	
1. Property	Limited access to the property due to extreme clutter
structure,	<ul> <li>Evidence may be seen of extreme clutter seen at windows</li> </ul>
services	
& garden	Evidence may be seen of extreme clutter outside the property
area	Garden not accessible and extensively overgrown
arca	<ul> <li>Services not connected or not functioning properly</li> </ul>
	Smoke alarms not fitted or not functioning
	Property lacks ventilation due to clutter
	<ul> <li>Evidence of structural damage or outstanding repairs including damp</li> </ul>
	<ul> <li>Interior doors missing or blocked open</li> </ul>
	Evidence of indoor items stored outside
2. Household	Clutter is obstructing the living spaces and is preventing the use of the rooms for
Functions	their intended purpose.
	<ul> <li>Room(s) scores 7 - 9 on the clutter image scale</li> </ul>
	<ul> <li>Rooms not used for intended purposes or very limited</li> </ul>
	Beds inaccessible or unusable due to clutter or infestation
	<ul> <li>Entrances, hallways and stairs blocked or difficult to pass</li> </ul>
	Toilets, sinks not functioning or not in use
	Resident at risk due to living environment
	Household appliances are not functioning or inaccessible
	Resident has no safe cooking environment
	<ul> <li>Resident has no sale cooking environment</li> <li>Resident is using candles</li> </ul>
	<ul> <li>Evidence of outdoor clutter being stored indoors.</li> </ul>
	Broken household items not discarded e.g. broken glass or plates
	Concern for declining mental health
	Property is not maintained within terms of lease or tenancy agreement where
	applicable
	<ul> <li>Property is at risk of notice being served by Environmental Health</li> </ul>
3. Health and	Human uring and ar everyment may be present
Safety	Human urine and or excrement may be present
Salety	<ul> <li>Excessive odour in the property, may also be evident from the outside</li> </ul>
	Rotting food may be present
	• Evidence may be seen of unclean, unused and or buried plates & dishes.
	Broken household items not discarded e.g. broken glass or plates
	<ul> <li>Inappropriate quantities or storage of medication.</li> </ul>
	Pungent odour can be smelt inside the property and possibly from outside.
	Concern with the integrity of the electrics
	Inappropriate use of electrical extension cords or evidence of unqualified work
	to the electrics.
	Concern for declining mental health
4. Safeguard of	Hoarding on clutter scale 7-9 constitutes a Safeguarding Alert.
Children &	<ul> <li>Please note all additional concerns for householders</li> </ul>
Family	
members	

<ul> <li>5. Animals and Pests</li> <li>6. Personal Protective Equipment (PPE)</li> </ul>	<ul> <li>Animals at the property at risk due the level of clutter in the property</li> <li>Resident may not able to control the animals at the property</li> <li>Animal's living area is not maintained and smells</li> <li>Animals appear to be under nourished or over fed</li> <li>Hoarding of animals at the property</li> <li>Heavy insect infestation (bed bugs, lice, fleas, cockroaches, ants, silverfish, etc.)</li> <li>Visible rodent infestation</li> <li>Latex Gloves, boots or needle stick safe shoes, face mask, hand sanitizer, insect repellent.</li> <li>Visit in pairs required</li> </ul>
Actions	Level 3
Referring Agency	<ul> <li>Raise Safeguarding Alert within 24 hours</li> <li>Raise a request to the Fire Brigade within 24 hours to provide fire prevention advice.</li> </ul>
Environmental Health	<ul> <li>Refer to Environmental Health on 020 8545 3025 with details of client, landlord (if relevant) referrer's details and overview of problems</li> <li>At time of inspection, EHO decides on appropriate course of action</li> <li>Consider serving notices under Environmental Protection Act 1990, Prevention of Damage By Pests Act 1949 or Housing Act 2004</li> <li>Consider Works in Default if notices not complied by occupier</li> </ul>
Landlord	<ul> <li>Visit resident to inspect the property &amp; assess support needs</li> <li>Attend multi agency Safeguarding meeting</li> <li>Enforce tenancy conditions relating to residents responsibilities</li> <li>If resident refuses to engage serve Notice of Seeking Possession under Ground 13 to Schedule 2 of the Housing Act 1988</li> </ul>
Practitioners	<ul> <li>Refer to "Hoarding Guidance Questions for practitioners"</li> <li>Complete Practitioners Assessment Tool</li> <li>Ensure information sharing with all agencies involved to ensure a collaborative approach and a sustainable resolution.</li> </ul>
Emergency Services	<ul> <li>Attend Safeguarding multi agency meetings on request</li> <li>Ensure information sharing with all agencies involved to ensure a collaborative approach and a sustainable resolution.</li> <li>Provide feedback to referring agency on completion of home visits.</li> </ul>
Animal Welfare	<ul> <li>Visit property to undertake a wellbeing check on animals at the property.</li> <li>Remove animals to a safe environment</li> <li>Educate client regarding animal welfare if appropriate</li> <li>Take legal action for animal cruelty if appropriate</li> <li>Provide advice / assistance with re-homing animals</li> </ul>
Safeguarding Adults	Safeguarding alert should progress to referral for multi-agency approach and further investigation of any concerns of abuse. Referral to the Merton high risk service should be made
MASH	Refer to Children Mash if children or young people present within 24 hours

## **17. Guidance Questions For Practitioners**

Listed below are examples of questions to ask where you are concerned about someone's safety in their own home, where you suspect a risk of self- neglect and hoarding?

The information gained from these questions will inform a Hoarding Assessment see appendix and provide the information needed to alert other agencies. Most clients with a hoarding problem will be embarrassed about their surroundings so adapt the question to suit your customers.

- How do you get in and out of your property, do you feel safe living here?
- Have you ever had an accident, slipped, tripped up or fallen? How did it happen?
- How have you made your home safer to prevent this (above) from happening again?
- How do move safely around your home ( where the floor is uneven or covered, or there are exposed wires, damp, rot, or other hazards)
- Has a fire ever started by accident?
- How do you get hot water, lighting, heating in here? Do these services work properly? Have they ever been tested?
- Do you ever use candles or an open flame to heat and light here or cook with camping gas?
- How do you manage to keep yourself warm? Especially in winter?
- When did you last go out in your garden? Do you feel safe to go out there?
- Are you worried about other people getting in to your garden to try and break-in? Has this ever happened?
- Are you worried about mice, rats or foxes, or other pests? Do you leave food out for them?
- Have you ever seen mice or rats in your home? Have they eaten any of your food? Or got upstairs and be nesting anywhere?
- Can you prepare food, cook and wash up in your kitchen?
- Do you use your fridge? Can I have look in it? How do you keep things cold in the hot weather?
- How do you keep yourself clean? Can I see your bathroom? Are you able to use your bathroom and use the toilet ok? Have a wash, bath? Shower?
- Can you show me where you sleep and let me see your upstairs rooms? Are the stairs safe to walk up? ( if there are any)
- What do you do with your dirty washing?
- Where do you sleep? Are you able to change your bed linen regularly? When did you last change them?
- How do you keep yourself warm at night? Have you got extra coverings to put on your bed if you are cold?
- Are there any broken windows in your home? Any repairs that need to be done?
- Because of the number of possessions you have, do you find it difficult to use some of your rooms? If so which ones?
- Do you struggle with discarding things or to what extent do you have difficulty discarding (or recycling, selling, giving away) ordinary things that other people would get rid of?

#### 18. Guidance For Practitioners

Hoarding Insight characteristics

Use this guide as a baseline to describe the client's attitude towards their hoarding. Provide additional information in your referrals and reports to enable a tailored approach that is relevant to your client.

#### Good or fair insight:

The client recognises that hoarding-related beliefs and behaviours (relating to difficulty discarding items, clutter or excessive acquisition) are problematic. The client recognises these behaviours in themselves.

#### Poor insight

The client is mostly convinced that hoarding-related beliefs and behaviours (relating to difficulty discarding items, clutter or excessive acquisition) are not problematic despite evidence to the contrary. The Client might recognise a storage problem but has little self-recognition or acceptance of their own hoarding behaviour.

## Absent (delusional) insight

The client is convinced that hoarding-related beliefs and behaviours (relating to difficulty discarding items, clutter or excessive acquisition) are not problematic despite evidence to the contrary. The client is completely excepting of their living environment despite it being hoarded and possibly a risk to health.

## Detached with assigned blame

The client has been away from their property for an extended period. The client has formed a detachment from the hoarded property and is now convinced a 3<sup>rd</sup> party is to blame for the condition of the property. For example a burglary has taken place, squatters or other household members.

#### **19. Practitioners Hoarding Assessment**

This assessment should be completed using the information you have gained using the Practitioners Guidance Questions. Complete this review away from the clients' property and in conjunction with the Multi Agency Hoarding Protocol Assessment Tool. Text boxes will expand to allow further text

Date of Hom Assessment				
Clients Nam	e			
Clients Date	of Birth			
Address				
Clients conta	act details			
Type of dwe	lling			
Freeholder	Yes	Tenant – Name & address of landlord		
		Name	Relationship	DOB
Household N	Vembers			
Pets – indica pets and any				
Agencies cu involved – w details				
Non agency currently in p				
Clients attitud hoarding	de towards			

	PIE	ease indicate if	present at the prope	erty	
Structural damage to property	Insect c infestati	or rodent ion	Large number of animals	Clut	ter outside
Rotten food	Animal house	waste in	Concerns over the cleanliness of the property	. Visi faeo	ble human ces
Concern of self- neglect	Concern children property	at the	Concerned for other adults at the property		
Usin	g the Clutte	r Image scale	please score the eacl	n of the room	s below
Bedroom 1		Bedroom 4		Separate toil	et
Bedroom 2		Kitchen		Lounge	
Bedroom 3		Bathroom		Dining Room	
		e, rodents or in	-	utilities opera	•
damage, problems witl	h blocked exi	e, rodents or in its, are there co ncy Hoarding F	sects, rotting food, are	utilities opera fire risk? etc.)	tional, structural
damage, problems with Please refer to th	h blocked exi	ncy Hoarding F e graded?	sects, rotting food, are mbustibles, is there a	utilities opera fire risk? etc.)	ation provided
above, what level	h blocked exi e Multi Ager I is your cas	ncy Hoarding F e graded?	sects, rotting food, are mbustibles, is there a Protocol Tool, based	iutilities opera fire risk? etc.) on the inform	ation provided
damage, problems with Please refer to th above, what level Level 1- Green Name of the practi	h blocked exi e Multi Ager I is your cas itioner sment	ncy Hoarding F e graded?	sects, rotting food, are mbustibles, is there a Protocol Tool, based	iutilities opera fire risk? etc.) on the inform	ation provided
damage, problems with Please refer to th above, what level Level 1- Green Name of the practi undertaking asses	h blocked exi e Multi Ager I is your cas itioner sment	ncy Hoarding F e graded?	sects, rotting food, are mbustibles, is there a Protocol Tool, based	iutilities opera fire risk? etc.) on the inform	ation provided
damage, problems with Please refer to th above, what level Level 1- Green Name of the practi undertaking asses Name of Organisa	h blocked exi e Multi Ager l is your cas itioner sment tion	ncy Hoarding F e graded?	sects, rotting food, are mbustibles, is there a Protocol Tool, based	iutilities opera fire risk? etc.) on the inform	ation provided