



## Antisocial behaviour in the social housing setting.

Its relationship with mental illness & personality disorder.

Improving knowledge, managing relationships, management of conflict, risk assessments and safety-flagging processes.



### Specialist mental health training. For improved communications, safeguarding and staff safety



This is a workshop dedicated to a complex area of human behaviour. It is delivered by one of the UK's leading experts in the area of forensic mental health and is designed to support key staff

working in the housing sector who have a responsibility to manage behaviours that violate organisational policy and the social rules.

This training is also suitable for any staff that work with tenants vulnerable to mental health problems or have to manage challenging situations / lone work with emotionally volatile people. All staff can benefit from a greater insight to personality disorder psychology and the associated risks to staff safety and general safeguarding.

#### Five key learning objectives (plus a flexible training focus on mental health in general):

Clinical psychology & psychiatry identifies certain personality traits and mental disorders that have a relationship with non-compliance, deception, antisocial behaviour and potential volatile behaviours; both emotional and physical.

Psychopathic Personality Disorder (1% prevalence), Antisocial / Dissocial Personality Disorder (4% prevalence), Paranoid Personality

Disorder (4% prevalence), and Emotionally Unstable Personality Disorder (3% prevalence), are common disorders in British society and can be identified in people who have a vulnerability to breach the peace, disregard the rights of others and violate social rules. This course supports housing providers to better-understand and identify these mental disorders in tenancies and to better-manage situations and behaviours. The training addresses the following key learning areas:

**1) A clearer understanding of a complex area of psychiatric medicine:** This workshop supports key staff within the housing sector to better-understand the minds of individuals who may present with personality psychopathology (PD). It also supports staff to manage conflict more effectively and safely with a range of skills dedicated to defusing challenging and potentially threatening situations. Appropriate assertiveness training is also provided.

**2) Improving relationships and understanding the risks:** This population is sensitive to certain communication styles and staff / organisations can create tension or hazards without realising the consequences of their behaviours. This workshop also supports key staff to understand the psychological sensitivities of individuals on the PD spectrum to improve safe and dignified outcomes for all concerned.

**3) Body Language training & increased awareness of situational risk factors:** The training provides pre-visit & dynamic risk assessment skills to improve staff safety. This

training offers a detailed overview of body language awareness to improve risk assessment processes.

**4) Improving pre-visit risk assessments and staff safety:** 'Do not visit alone' flagging systems within organisations often contain individuals on the forensic mental health / personality disorder spectrum and it is important for organisations to revisit these lists with specific forensic risk assessment tools to improve the fine-tuning of safety for staff.

**5) A clearer understanding of tenant behaviours:** It is common for tenants to excuse their own behaviours, or that of their children's with medical terminology (ADHD for example). This workshop supports staff to better-understand the terminology and this complex field of psychological medicine to improve insights, signpost where appropriate and challenge misinformation when needed.

Course starts at 9.30 and completes at 4.00pm.  
**Free post training support is available.**



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